



## Nutrition

Serving Size: 1 cup (140g)  
Servings per container about 64  
Calories: 80

|                          | Amount<br>per serving | % Daily<br>Values |
|--------------------------|-----------------------|-------------------|
| Total Fat                | 0.5g                  | 1%                |
| Saturated Fat            | 0g                    | 0%                |
| Trans Fat                | 0g                    |                   |
| Cholesterol              | 0mg                   | 0%                |
| Sodium                   | 0mg                   | 0%                |
| Total Carbohydrates      | 17g                   | 6%                |
| Dietary Fiber            | 4g                    | 16%               |
| Total Sugars             | 11g                   |                   |
| Includes 0g Added Sugars |                       | 0%                |
| Protein                  | 1g                    |                   |
| Vitamin D                | 0mcg                  | 0%                |
| Calcium                  | 0mg                   | 0%                |
| Iron                     | 0.6mg                 | 4%                |
| Potassium                | 160mg                 | 4%                |

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## Ingredients

STRAWBERRIES, BLACKBERRIES, BLUEBERRIES.



# Simplot Simple Goodness™ - Triple Berry Blend

Selected from the top growing regions in the U.S. and abroad, Simplot Simple Goodness™ Fruit deliver all the color and flavor of fresh, without the costly, time-consuming prep and waste. These strawberries, blackberries and blueberries have no sugar added so you can create your own delicious recipes.

## Product Specification

|                        |                          |
|------------------------|--------------------------|
| SKU                    | 10071179016311           |
| Pack                   | 4/5lb                    |
| Brand                  | Simplot Simple Goodness™ |
| Gross Weight           | 22lb                     |
| Net Weight             | 20lb                     |
| Country of Manufacture | US                       |
| Halal                  | N                        |
| Kosher                 | N                        |
| Vegan                  | Y                        |
| Vegetarian             | Y                        |
| Low Fat                | Y                        |
| Low Sodium             | Y                        |
| Zero Grams Trans Fat   | Y                        |

## Shipping Information

|                      |              |
|----------------------|--------------|
| Length               | 15.875 in    |
| Width                | 11.875 in    |
| Height               | 8.625 in     |
| Case Cube            | 0.941        |
| TixHi                | 10X8         |
| Shelf Life           | 730 Days     |
| Storage Temp From/To | -10FA / 10FA |

## Benefits

- Individually quick frozen to lock in natural flavor, appearance and nutrients
- Rich in phytonutrients, vitamin C, and dietary fiber
- Easy portioning and quick prep
- 100% useable, no trim loss or waste
- Consistent and reliable year-round quality
- Fits vegetarian and vegan menu applications

## Serving Suggestions

Serve over ice cream or cheesecake. Add to smoothies or protein drinks. Layer in a yogurt parfait. Versatile for breakfast, lunch or dinner applications.